

Medway Education Business Partnership

Medway Mentoring

Why get involved with mentoring?

Young people need all kinds of support to develop the knowledge, skills and abilities to make the best of the opportunities open to them.

Some young people need the extra support that a one to one mentoring relationship can give them, in order to reach their full potential. Low self esteem is often a major factor in students' poor achievement, and the special relationship that mentoring creates can make an incredibly positive impact on the sense of well being of the young person – the mentor too.



The potential benefits to mentors

The potential benefits to be gained from mentoring are wide ranging:



- Improved skills such as communication
- Increased self confidence
- Satisfaction from helping another
- An insight into issues facing young people in your community
- Increased self knowledge leading to better career planning

Mentors can provide extra support to mentees studying similar courses, or simply around shared areas of interest.

The commitment

Mentors can offer support to a student through regular half hour meetings once a fortnight, or on line, or a mixture of the two, over the course of one term, or one academic year.

What next?

For further details or to find out when our next training Session is please contact Sarah Codling Tel: 01634 204634 or email sarah@mebp.co.uk

